

# Cork Institute of Technology

## Bachelor of Science (Honours) in Herbal Science – Stage 1

(NFQ Level 8)

Autumn 2007

### HPPD

(Time: 3 Hours)

Answer **four** questions, **three** questions from Section A, and **one** question from Section B.

Use separate answer books for each Section.  
All Questions carry equal marks.

Examiners: Ms. R. Kingston  
Mr. P Nolan  
Dr. D. Corrigan  
Mr. E. Walsh

### Section A

- Q1.** Write briefly on the primordial principal as understood by at least two Greek philosophers.
- Q2.** Explain the theory of Yin- Yang and the Chinese view of causation.
- Q3.** Describe in detail the theory of the 4 humours as it applies to any individual person and how it influences the choice of a herb in treatment.
- Q4.** Fill in the gaps in the following table.

<b>Humor/temperament</b>		<b>choleric</b>		
<b>Temp. of skin</b>		Hot & dry		Cold and moist
<b>Feel of skin</b>	Smooth & rough		Rough & hard	
<b>Stature</b>		short		short
<b>Build</b>			slender	fat
<b>Hair quantity</b>	hairy			hairless
<b>Hair colour</b>	Dark brown/flaxen		brown	
<b>Pulse</b>		Swift & strong	slow	
<b>Appetite &amp; digestion</b>		strong		
<b>Urine</b>			pale	Pale & thick
<b>Faeces</b>		costive		thin
<b>Dreams</b>			Darkness, frights	
<b>Associated emotion</b>		anger		indifference

- Q5.** Write briefly on the significance of each of the following: Hippocrates, Galen, Dioscorides, Avicenna and Paracelsus.

## Section B

**Please answer one of the following:**

- Q6.** What did Carl Rogers offer the professional in understanding helping relationships?
- Q7.** Personal Development is an important element of becoming an herbalist; Discuss
- Q8.** 'Grief and Loss' maybe an important part of a professional's work; Discuss