

Cork Institute of Technology  
Bachelor of Science (Honours) in Herbal Science – Stage 1  
(NFQ Level 8)  
Summer 2007  
**HPPD**  
(Time: 3 Hours)

Answer **four** questions, **three** questions from Section A, and **one** question from Section B.

Use separate answer books for each Section.

Examiners: Ms. R. Kingston  
Mr. P Nolan  
Dr. D. Corrigan  
Mr. E. Walsh

**Section A**

- Q1. Explain the philosophy of Heraclites and why it is so significant.
- Q2. Explain the theory of Yin- Yang and the Chinese view of causation.
- Q3. Describe, in detail, the theory of the four elements, how it was transposed into medicine and how it influences the choice of a herb in treatment.
- Q4. Fill in the gaps in the following table:

<b>Humor/temperament</b>		<b>Choleric</b>		
Temp of skin		Hot & dry		Cold & moist
Feel of skin	Smooth & rough		Rough & hard	
Stature		Short		Short
Build			Slender	Fat
Hair quantity	Hairy			Hairless
Hair colour	Dark brown/flaxen		Brown	
Pulse		Swift & strong	Slow	
Appetite & digestion		Strong		
Urine			Pale	Pale & thick
Faeces		Costive		Thin
Dreams			Darkness, frights	
Associate emotion		Anger		Indifference

## Section B – Please answer one of the following

- Q5. Carl Rogers proposed three ‘Core Conditions’ that a professional must supply in any helping relationship. Discuss.
- Q6. A practitioner’s self awareness is central in dealing with clients. Discuss.
- Q7. It is important for practitioners to have an understanding of issues like ‘Grief and Loss’ in their work. Discuss.